

	05-Oct	06-Oct	07-Oct	08-Oct	09-Oct	10-Oct	11-Oct
L U N C H	Breaded Honey mustard pork cutlet Mashed Potatoes Scalloped Potatoes Tossed Salad Mixed Vegetable Peaches	Chicken Burgers Mashed Potatoes Tossed Salad Beans in tomato sauce Beans in tomato sauce Pudding	Meatballs(S&S) Brown Rice Mashed Potatoes Tossed Salad Carrots Cinnamon Buns	Greek Pork Chop Lemon Roast Potatoes Mashed Potatoes Tossed Salad Peas Jell-O	Cod Nuggets French Fries Mashed Potatoes Tossesd Salad Vegetables Banana Cream Pie	Perogies Garlic sausage Mashed Potatoes Tossed Salad Peas and Carrots Chocholate Cake	Shepherd's Pie Mashed Potatoes Tossed Salad Pickels Lemon Bars
D I N N E R	BBQ Chicken Mashed Potatoes Macaroni Salad Peas Fudge Cake	Tourtiere Mashed Potatoes Tossed Salad Mixed Vegetables Marble Cookie	Chicken Stew Buttermilk Biscuit Mashed Potatoes California Mix Oranges	Pizza Caesar Salad Jell-O Poke Cake	Hamburgers Mashed Potatoes Pick of the day vegetable Butter Tart	Chicken Breast Persian Mashed Potatoes Green/Yellow Beans Peaches	Pancakes Pork Sausage Mashed Potatoes California Mix vegetables Marble Cake
	12-Oct	13-Oct	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
L U N C H	Pasta and Meat Sauce Mashed Potatoes/Rice Tossed Salad Mixed Vegetables Jell-O	Chicken Strips French Fries Mashed Potatoes Tossed Salad Carrots Apple Crisp	Italian Baked Chicken Mashed Potatoes Tossed Salad Peas Cinnamon Buns	Meat Loaf Covered with Mushroom Sauce Roasted baby potatoes Tossed Salad Mix Vegetables Banana Jely Roll	Hot dogs Fried Onions Potatoe Salad Tossed Salad Carrots Black Forest Cake	Greek Chicken Brown Rice Tossed Salad Califorina Mixed Veg. Fruit Cocktail	Hamburger steak with Fried Onions French Fries Tossed Salad Fall medley vegetables Chocolate Cake
D I N N E R	<i>Thanksgiving Supper</i> Turkey and Gravy Mashed Potatoes Vegetable Crandberries Pumpkin Pie Whipped Cream Pumpkin Custard	Meatballs in mush/dill sauce Mashed Potatoes Brown Rice Sunrise Vegetables Pears	Breaded Liver Fried Onions Mashed Potatoes Fall Medley Crown Jewel	Perogies, Cabbage rolls and garlic sausage Mashed Potatoes Tossed Salad Peas and Carrots Peaches	Lasagne Cesear Salad Garlic Toast Butter Tart	Quiche Cheese Omelets Mashed Potatoes Tossed Salad Sunrise Vegetables Angel Food Cupcake	Cod Nuggets Mashed Potatoes Tossesd Salad Vegetables Grapes

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	19-Oct	20-Oct	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
L U N C H	Honey Mustard Ham Scalloped/Mashed Potatoes Tossed Salad Pick of the day Vegetable	Chicken Burgers Mashed Potatoes Tossed Salad Beans in tomato sauce	Honey Dill Meatballs Roasted baby potatoes Tossed Salad Carrots	Greek Pork Chop Lemon Roast Potatoes Tossed Salad Peas	Tomato Soup Grilled Cheese Pickles Tossed Salad	Perogies, Cabbage rolls and garlic sausage Mashed Potatoes Tossed Salad Peas and Carrots	Shepherd's Pie Mashed Potatoes Tossed Salad
	Peaches	Pudding	Cinnamon Buns	Jell-O	Banana Cream Pie	Chocolate Cake	Jell-O
D I N N E R	Soup and Sandwiches	Tourtiere Mashed Potatoes Sunrise Vegetables	Chicken Stew Buttermilk Biscuit Mashed Potatoes California vegetables	Pizza Caesar Salad	Hamburgers Mashed Potatoes Beans in tomato sauce	Mac and Cheese Casserole Green and Yellow Beans Cottage Cheese	Chicken Tetrassini Mashed Potatoes California Mixed Vegetables
	Fudge Cake	Banana Jelly Roll	Oranges	Cherry Tart	Strawberry Shortcake	Sugar Cookie	Marble Cake

	26-Oct	27-Oct	28-Oct	29-Oct	30-Oct	31-Oct	01-Nov
L U N C H	Pasta and Meat Sauce Mashed potatoes Mixed vegetable	Hot Dogs Mashed potatoes Tossed salad Carrots	Italian baked chicken Mashed potatoes Tossed salad Peas	Meatloaf with mushroom sauce Mashed potatoes Rice Pilaf Tossed salad Mix vegetables	Lite tonight fish Mashed potatoes Tossed salad Carrots	Greek chicken breast Mashed potatoes Brown rice Tossed salad California vegetables	Hamburger steak with fried onions Mashed potatoes Tossed salad Fall medley vegetable
	Fresh Grapes	Apple Crisp	Cinnamon Buns	Blueberry coffee cake	Black forest cake	Fruit Cocktail	Almond cookie
D I N N E R	Roast turkey Mashed potatoes Gravy Pick of the day vegetable	Meatballs in dill sauce Mashed potatoes Brown rice Sunrise vegetables	Chili Baked Potatoe Mashed potatoes Fall medley	Soup and sandwiches	Beef stew Mashed potatoes Cream Corn	Quiche/Cheese omelet Mashed potatoes Sunrise vegetables	Ham Mashed potatoes Beans
	Almond cookies	Pears	Oranges	Peaches	Strawberries	Cupcake	Grapes

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