

	7-Sep	8-Sep	9-Sep	10-Sep	11-Sep	12-Sep	13-Sep
L U N C H	Breaded Honey mustard pork cutlet Mashed Potatoes Scalloped Potatoes Tossed Salad Mixed Vegetable	Chicken Burgers Mashed Potatoes Tossed Salad Beans in tomato sauce Beans in tomato sauce	Meatballs(S&S) Brown Rice Mashed Potatoes Tossed Salad Carrots	Greek Pork Chop Lemon Roast Potatoes Mashed Potatoes Tossed Salad Peas	Cod Nuggets French Fries Mashed Potatoes Tossed Salad Vegetables	Perogies Garlic sausage Mashed Potatoes Tossed Salad Peas and Carrots	Shepherd's Pie Mashed Potatoes Tossed Salad Pickels
	Peaches	Pudding	Cinnamon Buns	Jell-O	Banana Cream Pie	Chocholate Cake	Lemon Bars
D I N N E R	BBQ Chicken Mashed Potatoes Macaroni Salad Peas	Tourtiere Mashed Potatoes Tossed Salad Mixed Vegetables	Chicken Stew Buttermilk Biscuit Mashed Potatoes California Mix	Pizza Caesar Salad	Hamburgers Mashed Potatoes Pick of the day vegetable	Chicken Breast Persian Mashed Potatoes Green/Yellow Beans	Pancakes Pork Sausage Mashed Potatoes California Mix vegetables
	Fudge Cake	Marble Cookie	Oranges	Jell-O Poke Cake	Butter Tart	Peaches	Marble Cake

	14-Sep	15-Sep	16-Sep	17-Sep	18-Sep	19-Sep	20-Sep
L U N C H	Pasta and Meat Sauce Mashed Potatoes/Rice Tossed Salad Mixed Vegetables	Chicken Strips French Fries Mashed Potatoes Tossed Salad Carrots	Italian Baked Chicken Mashed Potatoes Tossed Salad Peas	Meat Loaf Covered with Mushroom Sauce Roasted baby potatoes Tossed Salad Mix Vegetables	Hot dogs Fried Onions Potatoe Salad Tossed Salad Carrots	Greek Chicken Brown Rice Tossed Salad Califorina Mixed Veg.	Hamburger steak with Fried Onions French Fries Tossed Salad Fall medley vegetables
	Jell-O	Apple Crisp	Cinnamon Buns	Banana Jely Roll	Black Forest Cake	Fruit Cocktail	Chocolate Cake
D I N N E R	Hot Turkey Sandwich Mashed Potatoes Vegetable	Meatballs in mush/dill sauce Mashed Potatoes Brown Rice Sunrise Vegetables	Breaded Liver Fried Onions Mashed Potatoes Fall Medley	Perogies, Cabbage rolls and garlic sausage Mashed Potatoes Tossed Salad Peas and Carrots	Lasagne Cesear Salad Garlic Toast	Quiche Cheese Omelets Mashed Potatoes Tossed Salad Sunrise Vegetables	Cod Nuggets Mashed Potatoes Tossed Salad Vegetables
	Berry Coffee Cake	Pears	Crown Jewel	Peaches	Butter Tart	Angel Food Cupcake	Grapes

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	21-Sep	22-Sep	23-Sep	24-Sep	25-Sep	26-Sep	27-Sep
L U N C H	Honey Mustard Ham Scalloped/Mashed Potatoes Tossed Salad Pick of the day Vegetable	Chicken Burgers Mashed Potatoes Tossed Salad Beans in tomato sauce	Honey Dill Meatballs Roasted baby potatoes Tossed Salad Carrots	Greek Pork Chop Lemon Roast Potatoes Tossed Salad Peas	Tomato Soup Grilled Cheese Pickles Tossed Salad	Perogies, Cabbage rolls and garlic sausage Mashed Potatoes Tossed Salad Peas and Carrots	Shepherd's Pie Mashed Potatoes Tossed Salad
	Peaches	Pudding	Cinnamon Buns	Jell-O	Banana Cream Pie	Chocolate Cake	Jell-O
D I N N E R	Soup and Sandwiches	Tourtiere Mashed Potatoes Sunrise Vegetables	Chicken Stew Buttermilk Biscuit Mashed Potatoes California vegetables	Pizza Caesar Salad	Hamburgers Mashed Potatoes Beans in tomato sauce	Mac and Cheese Casserole Green and Yellow Beans Cottage Cheese	Chicken Tetrassini Mashed Potatoes California Mixed Vegetables
	Fudge Cake	Banana Jelly Roll	Oranges	Cherry Tart	Strawberry Shortcake	Sugar Cookie	Marble Cake

	28-Sep	29-Sep	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
L U N C H	Pasta and Meat Sauce Mashed potatoes Mixed vegetable	Hot Dogs Mashed potatoes Tossed salad Carrots	Italian baked chicken Mashed potatoes Tossed salad Peas	Meatloaf with mushroom sauce Mashed potatoes Rice Pilaf Tossed salad Mix vegetables	Lite tonight fish Mashed potatoes Tossed salad Carrots	Greek chicken breast Mashed potatoes Brown rice Tossed salad California vegetables	Hamburger steak with fried onions Mashed potatoes Tossed salad Fall medley vegetable
	Fresh Grapes	Apple Crisp	Cinnamon Buns	Blueberry coffee cake	Black forest cake	Fruit Cocktail	Almond cookie
D I N N E R	Roast turkey Mashed potatoes Gravy Pick of the day vegetable	Meatballs in dill sauce Mashed potatoes Brown rice Sunrise vegetables	Chili Baked Potatoe Mashed potatoes Fall medley	Soup and sandwiches	Beef stew Mashed potatoes Cream Corn	Quiche/Cheese omelet Mashed potatoes Sunrise vegetables	Ham Mashed potatoes Beans
	Almond cookies	Pears	Oranges	Peaches	Strawberries	Cupcake	Grapes

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