

|                            | 10-Aug                                                                                                           | 11-Aug                                                                                               | 12-Aug                                                                     | 13-Aug                                                                                | 14-Aug                                                                       | 15-Aug                                                                            | 16-Aug                                                                      |
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| L<br>U<br>N<br>C<br>H      | Breaded Honey mustard<br>pork cutlet<br>Mashed Potatoes<br>Scalloped Potatoes<br>Tossed Salad<br>Mixed Vegetable | Chicken Burgers<br>Mashed Potatoes<br>Tossed Salad<br>Beans in tomato sauce<br>Beans in tomato sauce | Meatballs(S&S)<br>Brown Rice<br>Mashed Potatoes<br>Tossed Salad<br>Carrots | Greek Pork Chop<br>Lemon Roast<br>Potatoes<br>Mashed Potatoes<br>Tossed Salad<br>Peas | Cod Nuggets<br>French Fries<br>Mashed Potatoes<br>Tossed Salad<br>Vegetables | Perogies<br>Garlic sausage<br>Mashed Potatoes<br>Tossed Salad<br>Peas and Carrots | Shepherd's Pie<br>Mashed Potatoes<br>Tossed Salad<br>Pickels                |
|                            | Peaches                                                                                                          | Pudding                                                                                              | Cinnamon Buns                                                              | Rice Pudding                                                                          | Bumble Berry<br>Crisp                                                        | Chocholate Cake                                                                   | Lemon Bars                                                                  |
| D<br>I<br>N<br>N<br>E<br>R | BBQ Chicken<br>Mashed Potatoes<br>Macaroni Salad<br>Peas                                                         | Tourtiere<br>Mashed Potatoes<br>Tossed Salad<br>Mixed Vegetables                                     | Chicken Stew<br>Buttermilk Biscuit<br>Mashed Potatoes<br>California Mix    | Pizza<br>Caesar Salad                                                                 | Hamburgers<br>Mashed Potatoes<br>Pick of the day<br>vegetable                | Chicken Breast<br>Persian<br>Mashed Potatoes<br>Green/Yellow<br>Beans             | Pancakes<br>Pork Sausage<br>Mashed Potatoes<br>California Mix<br>vegetables |
|                            | Fudge Cake                                                                                                       | Marble Cookie                                                                                        | Oranges                                                                    | Jell-O Poke Cake                                                                      | Butter Tart                                                                  | Peaches                                                                           | Marble Cake                                                                 |

|                            | 17-Aug                                                                           | 18-Aug                                                                                 | 19-Aug                                                              | 20-Aug                                                                                               | 21-Aug                                                               | 22-Aug                                                                            | 23-Aug                                                                                         |
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| L<br>U<br>N<br>C<br>H      | Pasta and Meat Sauce<br>Mashed Potatoes/Rice<br>Tossed Salad<br>Mixed Vegetables | Chicken Strips<br>French Fries<br>Mashed Potatoes<br>Tossed Salad<br>Carrots           | Italian Baked<br>Chicken<br>Mashed Potatoes<br>Tossed Salad<br>Peas | Meat Loaf Covered<br>with Mushroom Sauce<br>Roasted baby potatoes<br>Tossed Salad<br>Mix Vegetables  | Hot dogs<br>Fried Onions<br>Potatoe Salad<br>Tossed Salad<br>Carrots | Greek Chicken<br>Brown Rice<br>Tossed Salad<br>Califorina Mixed Veg.              | Hamburger steak<br>with Fried Onions<br>French Fries<br>Tossed Salad<br>Fall medley vegetables |
|                            | Jell-O                                                                           | Apple Crisp                                                                            | Cinnamon Buns                                                       | Banana Jely Roll                                                                                     | Black Forest Cake                                                    | Fruit Cocktail                                                                    | Chocolate Cake                                                                                 |
| D<br>I<br>N<br>N<br>E<br>R | Hot Turkey Sandwich<br>Mashed Potatoes<br>Vegetable                              | Meatballs in<br>mush/dill sauce<br>Mashed Potatoes<br>Brown Rice<br>Sunrise Vegetables | Breaded Liver<br>Fried Onions<br>Mashed Potatoes<br>Fall Medley     | Perogies, Cabbage rolls<br>and garlic sausage<br>Mashed Potatoes<br>Tossed Salad<br>Peas and Carrots | Lasagne<br>Cesear Salad<br>Garlic Toast                              | Quiche<br>Cheese Omelets<br>Mashed Potatoes<br>Tossed Salad<br>Sunrise Vegetables | Cod Nuggets<br>Mashed Potatoes<br>Tossed Salad<br>Vegetables                                   |
|                            | Berry Coffee Cake                                                                | Pears                                                                                  | Crown Jewel                                                         | Peaches                                                                                              | Butter Tart                                                          | Angel Food Cupcake                                                                | Grapes                                                                                         |

**Aug 10 - Sept 6\*Menu subject to change depending on the what is available from the Vic. Thank you**

|                            | 24-Aug                                                                                         | 25-Aug                                                                      | 26-Aug                                                                         | 27-Aug                                                             | 28-Aug                                                   | 29-Aug                                                                                               | 30-Aug                                                              |
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| L<br>U<br>N<br>C<br>H      | Honey Mustard Ham<br>Scalloped/Mashed Potatoes<br>Tossed Salad<br>Pick of the day<br>Vegetable | Chicken Burgers<br>Mashed Potatoes<br>Tossed Salad<br>Beans in tomato sauce | Meatballs(S&S)<br>Roasted baby potatoes<br>Tossed Salad<br>Carrots             | Greek Pork Chop<br>Lemon Roast<br>Potatoes<br>Tossed Salad<br>Peas | Tomato Soup<br>Grilled Cheese<br>Pickles<br>Tossed Salad | Perogies, Cabbage rolls<br>and garlic sausage<br>Mashed Potatoes<br>Tossed Salad<br>Peas and Carrots | Shepherd's Pie<br>Mashed Potatoes<br>Tossed Salad                   |
|                            | Peaches                                                                                        | Pudding                                                                     | Cinnamon Buns                                                                  | Rice Pudding                                                       | Bumble berry crisp                                       | Chocolate Cake                                                                                       | Jell-O                                                              |
| D<br>I<br>N<br>N<br>E<br>R | Soup and Sandwiches                                                                            | Tourtiere<br>Mashed Potatoes<br>Sunrise Vegetables                          | Chicken Stew<br>Buttermilk Biscuit<br>Mashed Potatoes<br>California vegetables | Pizza<br>Caesar Salad                                              | Hamburgers<br>Mashed Potatoes<br>Beans in tomato sauce   | Mac and Cheese<br>Casserole<br>Green and Yellow Beans<br>Cottage Cheese                              | Chicken Tetrzzini<br>Mashed Potatoes<br>California Mixed Vegetables |
|                            | Fudge Cake                                                                                     | Banana Jelly Roll                                                           | Oranges                                                                        | Cherry Tart                                                        | Strawbery Shortcake                                      | Sugar Cookie                                                                                         | Marble Cake                                                         |

|                            | 31-Aug                                                                | 01-Sep                                                                           | 02-Sep                                                             | 03-Sep                                                                                            | 04-Sep                                                            | 05-Sep                                                                                           | 06-Sep                                                                                          |
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| L<br>U<br>N<br>C<br>H      | Pasta and Meat Sauce<br>Mashed potatoes<br>Mixed vegetable            | Pork Tenderloin<br>Mashed potatoates<br>Tossed salad<br>Carrots                  | Italian baked chicken<br>Mashed potatoates<br>Tossed salad<br>Peas | Meatloaf with mushroom sauce<br>Mashed potatoates<br>Rice Pilaf<br>Tossed salad<br>Mix vegetables | Lite tonight fish<br>Mashed potatoates<br>Tossed salad<br>Carrtos | Greek chicken breast<br>Mashed potatoates<br>Brown rice<br>Tossed salad<br>California vegetables | Hamburger steak with fried onions<br>Mashed potatoates<br>Tossed salad<br>Fall medley vegetable |
|                            | Fresh Grapes                                                          | Apple crisp                                                                      | Cinnamon Buns                                                      | Bluberry coffee cake                                                                              | Black forest cake                                                 | Fruit Cocktail                                                                                   | Almond cookie                                                                                   |
| D<br>I<br>N<br>N<br>E<br>R | Roast turkey<br>Mashed potatoes<br>Gravy<br>Pick of the day vegetable | Meatballs in dill sauce<br>Mashed potatoates<br>Brown rice<br>Sunrise vegetables | Chili<br>Baked Potatoe<br>Mashed potatoates<br>Fall medley         | Soup and sandwiches                                                                               | Beef stew<br>Mashed potatoates<br>Cream Corn                      | Quiche/Cheese omelet<br>Mashed potatoates<br>Sunrise vegetables                                  | Ham<br>Mashed potatoates<br>Beans                                                               |
|                            | Almond cookies                                                        | Pears                                                                            | Oranges                                                            | Peaches                                                                                           | Strawberries                                                      | Cupcake                                                                                          | Grapes                                                                                          |

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