

	1-Jan	2-Jan	3-Jan	4-Jan	5-Jan	6-Jan	7-Jan
L U N C H	Trout with glaze Mashed Potatoes Brown Rice Tossed Salad Pick of the day vegetable  Peaches	Cheesy Rice bake Yogurt Fuit Plate Mashed Potatoes Tossed Salad Mixed Vegetables  Pineapple	Honey Dill Chicken Brown Rice Mashed Potatoes Tossed Salad Carrots  Choc. Chip Cookie	Greek Pork Chop Lemon Roast Potatoes Mashed Potatoes Tossed Salad Peas  Bread Pudding with syrup	Cod Nuggets Chicken thighs French Fries Mashed Potatoes Tossesd Salad Vegetables  Bumble Berry Crisp	Pork Souvlaki Mashed Potatoes Brown Rice Peas and Carrots  Chocholate Cake	Shepherd's Pie Mashed Potatoes Tossed Salad Cream Corn Pickels  Lemon Bars
D I N N E R	BBQ Chicken Mashed Potatoes Peas  Fudge Cake	Chicken Burgers Mashed Potatoes Pork and beans  Marble Cookies	Chili Con Carne Baked Potatoe Mashed Potatoes California Mix Vegetables  Oranges	Beef Stroganoff Mashed Potatoes Cream Corn  Jell-O Poke Cake	Hamburgers Mashed Potatoes Pick of the day vegetable  Butter Tart	Chicken Breast Persian Mashed Potatoes Green/Yellow Beans  Peaches	Pancakes Pork Sausage Mashed Potatoes California Mix vegetables  Marble Cake

	8-Jan	9-Jan	10-Jan	11-Jan	12-Jan	13-Jan	14-Jan
L U N C H	Honey Mustard Ham Sandwich Mashed Potatoes Tossed Salad Mixed Vegetables  Jell-O	Chicken Strips French Fries Mashed Potatoes Tossed Salad Carrots  Apple Crisp	Italian Baked Chicken Mashed Potatoes Tossed Salad Peas  Pudding	Meat Loaf Covered with Mushroom Sauce Rice Pilaf Tossed Salad Mix Vegetables  Banana Jely Roll	Hot dogs Fried Onions Potatoe Salad Tossed Salad Carrots  Black Forest Cake	Sweet and Sour Chicken Breast Brown Rice Tossed Salad Califorina Mixed Veg.  Fruit Cocktail	Hambur steak with Fried Onions Mashed Potatoes Tossed Salad Fall medley vegetables  Chocolate Cake
D I N N E R	Hot Turkey Sandwich Scalloped Potatoes Mashed Potatoes Vegetable  Berry Coffee Cake	Meatballs in mush/dill sauce Mashed Potatoes Brown Rice Sunrise Vegetables  Pears	Pasta and Meat Sauce Mashed Potatoes Cesear Salad Fall Medley  Crown Jewel	Perogies Cabbage Rolls Garlic Sausage Peas and Carrots  Peaches	Lasagne Cesear Salad Garlic Toast  Butter Tart	Quiche Cheese Omelets Mashed Potatoes Tossed Salad Sunrise Vegetables  Angel Food Cupcake	Roast Beef Mashed Potatoes Yellow Beans  Grapes

	15-Jan	16-Jan	17-Jan	18-Jan	19-Jan	20-Jan	21-Jan
L U N C H	Pork Chow Mein Mashed Potatoes Tossed Salad Pick of the day Vegetable	Fish Lite Tonight Roast Turkey Mashed Potatoes Tossed Salad Mixed Vegetables	Honey Dill Meatballs Brown Rice Tossed Salad Carrots	Greek Pork Chop Lemon Roast Potatoes Tossed Salad Peas	Tomato Soup Grilled Cheese Pickles Tossed Salad	Perogioes Cabbage Rolls Peas and Carrots Tossed Salad	Shepherd's Pie Mashed Potatoes Tossed Salad Cream Corn
	Peaches	Pineapple	Pudding	Bread pudding with syrup	Bumble berry crisp	Chocolate Cake	Jell-O
D I N N E R	Cream of Potatoe Soup Egg Sandwich Potatoe Salad	Chicken Burgers Mashed Potatoes Beans Tossed Salad	Bread Liver Bacon Fried Onions Roast Turkey Mashed Potatoes California vegetables	Beef Stroganoff Mashed Potatoes Green Beans	Hamburgers Mashed Potatoes Beans in tomato sauce	Mac and Cheese Casserole Green and Yellow Beans Cottage Cheese	Chicken Tetrzzini Mashed Potatoes California Mixed Vegetables
	Fudge Cake	Banana Jelly Roll	Oranges	Cherry Tart	Strawbery Shortcake	Sugar Cookie	Marble Cake

	22-Jan	23-Jan	24-Jan	25-Jan	26-Jan	27-Jan	28-Jan
L U N C H	Honey mustard pork cutlet Mashed potatoes Scalloped potatoes Mixed vegetable	Roast pork with apple sauce Mashed potoates Tossed salad Carrots	Italian baked chicken Mashed potoates Tossed salad Peas	Meatloaf with mushroom sauce Mashed potoates Rice Pilaf Tossed salad Mix vegetables	lite tonight fish Mashed potoates Tossed salad Carrtos	Sweet and sour chicken breast Mashed potoates Brown rice Tossed salad California vegetables	Hamburger steak with fried onions Mashed potoates Tossed salad Fall medley vegetable
	Fresh Grapes	Apple crisp	Pudding	Bluberry coffee cake	Black forest cake	Fruit Cocktail	Almond cookie
D I N N E R	Roast turkey Mashed potatoes Gravy Pick of the day vegetable	Meatballs in dill sauce Mashed potoates Brown rice Sunrise vegetables	Pasta shells with meat sauce Mashed potoates Vegetables-Fall medley	Soup Sandwiches Mashed potoates Potatoe salad	Beef stew Mashed potoates Green beans	Quiche/Cheese omelet Mashed potoates Sunrise vegetables	Roast beef Mashed potoates Beans
	Almond cookies	Pears	Oranges	Peaches	Strawberries	Cupcake	Grapes

January 1- January 28 Happy New Year!!!