

EDEN Domain of Wellbeing

Security

Abraham Maslow theorized that human beings are motivated by a hierarchy of needs, and that certain lower needs must be satisfied before higher needs can be fulfilled. For example, safety needs – the security of home and family, freedom from fear and anxiety – must be satisfied before we can grow towards self-actualization.

For this EDEN Domain of Wellbeing your task is to explore what gives you a feeling of security in your own home. As you are doing this, think about what this domain means to our residents. What can we do to enhance their feelings of security here? Then pick up a house from the front office and fill it in.

You may choose whether to put your name on the front or back of your house before you hand it in to the front desk. You will be entered into a draw for one of the baskets above Sheila's desk in the Main Office.

Thank you for completing this task!

Check out the board across from the Chapel to see some examples. All completed houses will be posted there.