

	01-Nov	02-Nov	03-Nov	04-Nov	05-Nov	06-Nov	07-Nov
L U N C H	Roast Turkey Mashed Potatoes Tossed Salad Mixed Vegetables Grapes	Roast Pork with apple sauce Mashed Potoates Tossed Salad Carrots Apple Crisp	Italian baked chicken Mashed potatoes Tossed Salad Peas Pudding	Meatloaf with mushroom sauce Mashed Potatoes Rice Pilaf Tossed Sald Mix vegetables coffee cake	Fish/Roast Beef Mashed Potatoes Tossed Salad Steamed Carrots Black Forest Cake	Sweet and Sour Chicken breast Mashed Potatoes Brown Rice Tossed Salad California (Vegetables) Fruit Cocktail	Roast Beef Mashed Potatoes Tossed Salad Fall medley Vegetable Raspberry Delight
D I N N E R	Honey Mustard Pork Cutlet Scalloped and Mashed Potatoes Gravy Pick of the day vegetable Almond Cookies	Meatballs in dill sauce Mashed potatoes Brown rice Sunrise vegetables Pears	Pasta Shells with meat sauce Mashed Potatoes Vegetables-Fall Medley Oranges	Soup Sandwiches Mashed Potatoes Potatoe Salad Peaches	Beef Stew Mashed Potatoes Green beans Strawberries	Quiche/Chesse Omelet Mashed Potatoes Sunrise Vegetables Angel Food Cup Cake	Hamburger Steak with fried onions Mashed Potatoes Beans Grapes

	08-Nov	09-Nov	10-Nov	11-Nov	12-Nov	13-Nov	14-Nov
L U N C H	Pork Chow Mein Mashed Potatoes Brown Rice Tossed Salad Pick of the day vegetable Peaches	Cheesy Rice bake Yogurt Fuit Plate Mashed Potatoes Tossed Salad Mixed Vegetables Pineapple	Honey Dill Turkey Brown Rice Mashed Potatoes Tossed Salad Carrots Bread Pudding	Greek Pork Chop Lemon Roast Potatoes Mashed Potatoes Tossed Salad Peas Choc. Chip Cookie	Cod Nuggets Chicken thighs French Fries Mashed Potatoes Tossed Salad Vegetables Bumble Berry Crisp	Pork Souvlaki Mashed Potatoes Brown Rice Peas and Carrots Chocholate Cake	Shepherd's Pie Mashed Potatoes Tossed Salad Green Beans Pickels Lemon Bars
D I N N E R	BBQ Chicken Mashed Potatoes Peas Fudge Cake	Chicken Burgers Mashed Potatoes Pork and beans Marble Cookies	Chili Con Carne Baked Potatoe Mashed Potatoes California Mix Vegetables Oranges	Beef Stroganoff Mashed Potatoes Green Beans Jell-O Poke Cake	Hamburgers Mashed Potatoes Pick of the day vegetable Butter Tart	Chicken Breast Persian Mashed Potatoes Green/Yellow Beans Raspberry Delight	Pancakes Pork Sausage Mashed Potatoes California Mix vegetables Marble Cake

	15-Nov	16-Nov	17-Nov	18-Nov	19-Nov	20-Nov	21-Nov
L U N C H	Hot Turkey Sandwich Mashed Potatoes Tossed Salad Mixed Vegetables White Cupcakes	Chicken Strips French Fries Mashed Potatoes Tossed Salad Carrots Apple Crisp	Italian Baked Chicken Mashed Potatoes Tossed Salad Peas Pudding	Meat Loaf Covered with Mushroom Sauce Rice Pilaf Tossed Salad Mix Vegetables Banana Jelly Roll	Hot dogs Fried Onions Potatoe Salad Tossed Salad Carrots Black Forest Cake	Sweet and Sour Chicken Breast Brown Rice Tossed Salad Califorina Mixed Veg. Fruit Cocktail	Roast Beef Mashed Potatoes Tossed Salad Fall medley vegetables Chocolate Cake
D I N N E R	Honey Mustard Ham Scalloped Potatoes Mashed Potatoes Vegetable Berry Coffee Cake	Meatballs in mush/dill sauce Mashed Potatoes Brown Rice Sunrise Vegetables Pears	Pasta and Meat Sauce Mashed Potatoes Cesear Salad Fall Medley Crown Jewel	Perogies Cabbage Rolls Garlic Sausage Peas and Carrots Peaches	Lasagne Cesear Salad Garlic Toast Butter Tart	Quiche Cheese Omelets Mashed Potatoes Tossed Salad Sunrise Vegetables Angel Food Cupcake	Hamburger Steak with fried onions Mashed Potatoes Yellow Beans Grapes

	22-Nov	23-Nov	24-Nov	25-Nov	29-Oct	30-Oct	31-Oct
L U N C H	Pork Chow Mein Mashed Potatoes Tossed Salad Pick of the day Vegetable Peaches	Fish Lite Tonight Roast Turkey Mashed Potatoes Tossed Salad Mixed Vegetables Pineapple	Honey Dill Meatballs Brown Rice Tossed Salad Carrots Bread Pudding	Greek Pork Chop Lemon Roast Potatoes Tossed Salad Peas Pudding	Tomato Soup Grilled Cheese Pickles Tossed Salad Bumble berry crisp	Perogioes Cabbage Rolls Garlic Sausage Peas and Carrots Tossed Salad Chocolate Cake	Shepherd's Pie Mashed Potatoes Tossed Salad Green Beans Lemon Bars
D I N N E R	Cream of Potatoe Soup Egg Sandwich Potatoe Salad Fudge Cake	Chicken Burgers Mashed Potatoes Beans Tossed Salad Banana Jelly Roll	Bread Liver Bacon Fried Onions Roast Turkey Mashed Potatoes California vegetables Oranges	Beef Stragnoff Mashed Potatoes Green Beans Cherry Tart	Hamburgers Mashed Potatoes Beans in tomato sauce Strawbery Shortcake	Mac and Cheese Casserole Green and Yellow Beans Cottage Cheese Sugar Cookie	Chicken Tetrzzini Mashed Potatoes California Mixed Vegetables Marble Cake

October 29-Novemeber 25