

Subject: SPA-LTC Project: Being prepared to answer questions (new information!)

As we work toward strengthening a palliative approach, you may find that some residents and families may be afraid to hear the word “palliative”.

You can help by being prepared with answers to these two common questions:

Q. What does a “palliative approach” mean?

A. I find it helpful to think of palliative care as a philosophy that’s about good relationships and care for the whole person – physical, mental, emotional, and spiritual. That is often done well at the end of life, or in hospices. But we think this way of caring shouldn’t be limited to someone’s last days, or to certain settings. We want to do better at offering it here.

Q. What does this mean for me, in practical terms?

A. This year, we’ll be investing in planning and staff training about symptom management at the end of life and what a palliative approach is. Next year, you may notice changes in family care conferencing, at sharing information about health conditions, and supporting people who have lost loved ones.

Thank you for supporting the SPA-LTC project in this way!

Sincerely,
Mont St Joseph Home