

Subject: SPA-LTC Project: We are beginning a new project to strengthen a palliative approach in long-term care!

We are currently partnering with the Strengthening a Palliative Approach in Long-Term Care (SPA-LTC) team (<https://spaltc.ca/who-we-are/>) team to conduct an evaluation of an adjustment to our approach to care.

In this two-year project, we hope to promote **good communication** about health, attention to the **needs of the whole person** (physical, emotional, mental, and spiritual), and **stronger relationships** between residents, families, and staff.

Please watch for 10 summer notifications describing study activities and providing information to help you respond to resident and family questions.

Sincerely,
Mont St Joseph Home