

	Day 01	Day 02	Day 03	Day 04	Day 05	Day 06	Day 07
L U N C H	Roast Turkey Mashed Potatoes Tossed Salad Mixed Vegetables Grapes	Roast turkey and apple sauce Mashed Potoates Tossed Salad Carrots Apple Crisp	Italian baked chicken Mashed potatoes Tossed Salad Peas Pudding	Meatloaf with mushroom sauce Mashed Potatoes Rice Pilaf Tossed Sald Mix vegetables coffee cake	Fish/Roast Beef Mashed Potatoes Tossed Salad Steamed Carrots Black Forest Cake	Sweet and Sour Chicken breast Mashed Potatoes Brown Rice Tossed Salad California (Vegetables) Fruit Cocktail	Roast Beef Mashed Potatoes Tossed Salad Fall medley Vegetable Raspberry Delight
D I N N E R	Honey Mustard Pork Cutlet Scalloped and Mashed Potatoes Gravy Pick of the day vegetable Almond Cookies	Meatballs in dill sauce Mashed potatoes Brown rice Sunrise vegetables Pears	Pasta Shells with meat sauce Mashed Potatoes Vegetables-Fall Medley Oranges	Soup Sandwiches Mashed Potatoes Potatoe Salad Peaches	Beef Stew Mashed Potatoes Green beans Strawberries	Quiche/Chesse Omelet Mashed Potatoes Sunrise Vegetables Angel Food Cup Cake	Hamburger Steak with fried onions Mashed Potatoes Beans Grapes

	Day 08	Day 09	Day 10	Day 11	Day 12	Day13	Day 14
L U N C H	Pork Chow Mein Mashed Potatoes Brown Rice Tossed Salad Pick of the day vegetable Peaches	Cheesy Rice bake Yogurt Fuit Plate Mashed Potatoes Tossed Salad Mixed Vegetables Pineapple	Honey Dill Turkey Brown Rice Mashed Potatoes Tossed Salad Carrots Bread Pudding	Greek Pork Chop Lemon Roast Potatoes Mashed Potatoes Tossed Salad Peas Choc. Chip Cookie	Cod Nuggets Chicken thighs French Fries Mashed Potatoes Tossed Salad Vegetables Bumble Berry Crisp	Pork Souvlaki Mashed Potatoes Brown Rice Peas and Carrots Chocholate Cake	Shepherd's Pie Mashed Potatoes Tossed Salad Green Beans Pickels Lemon Bars
D I N N E R	BBQ Chicken Mashed Potatoes Peas Fudge Cake	Chicken Burgers Mashed Potatoes Pork and beans Marble Cookies	Chili Con Carne Baked Potatoe Mashed Potatoes California Mix Vegetables Oranges	Beef Stroganoff Mashed Potatoes Green Beans Jell-O Poke Cake	Hamburgers Mashed Potatoes Pick of the day vegetable Butter Tart	Chicken Breast Persian Mashed Potatoes Green/Yellow Beans Raspberry Delight	Pancakes Pork Sausage Mashed Potatoes California Mix vegetables Marble Cake

	Day 15	Day 16	Day 17	Day 18	Day 19	Day 20	Day 21
L U N C H	Hot Turkey Sandwich	Chicken Strips French Fries	Italian Baked Chicken	Meat Loaf Covered with Mushroom Sauce	Hot dogs Fried Onions	Sweet and Sour Chicken Breast	Roast Beef Mashed Potatoes
	Mashed Potatoes Tossed Salad Mixed Vegetables	Mashed Potatoes Tossed Salad Carrots	Mashed Potatoes Tossed Salad Peas	Rice Pilaf Tossed Salad Mix Vegetables	Potatoe Salad Tossed Salad Carrots	Brown Rice Tossed Salad Califorina Mixed Veg.	Tossed Salad Fall medley vegetables
	White Cupcakes	Apple Crisp	Pudding	Banana Jely Roll	Black Forest Cake	Fruit Cocktail	Chocolate Cake
D I N N E R	Honey Mustard Ham	Meatballs in mush/dill sauce	Pasta and Meat Sauce	Perogies Cabbage Rolls	Lasagne Cesear Salad	Quiche Cheese Omelets	Hamburger Steak with fried onions
	Scalloped Potatoes Mashed Potatoes Vegetable	Mashed Potatoes Brown Rice Sunrise Vegetables	Mashed Potatoes Cesear Salad Fall Medley	Garlic Sausage Peas and Carrots	Garlic Toast	Mashed Potatoes Tossed Salad Sunrise Vegetables	Mashed Potatoes Yellow Beans
	Berry Coffee Cake	Pears	Crown Jewel	Peaches	Butter Tart	Angel Food Cupcake	Grapes

	Day 22	Day 23	Day 24	Day 25	Day 26	Day 27	Day 28
L U N C H	Pork Chow Mein Mashed Potatoes	Fish Lite Tonight Roast Turkey	Honey Dill Meatballs	Greek Pork Chop Lemon Roast	Tomato Soup Grilled Cheese	Perogioes Cabbage Rolls	Shepherd's Pie Mashed Potatoes
	Tossed Salad Pick of the day Vegetable	Mashed Potatoes Tossed Salad Mixed Vegetables	Brown Rice Tossed Salad Carrots	Potatoes Tossed Salad Peas	Pickles Tossed Salad	Garlic Sausage Peas and Carrots Tossed Salad	Tossed Salad Green Beans
	Peaches	Pineapple	Bread Pudding	Pudding	Bumble berry crisp	Chocolate Cake	Lemon Bars
D I N N E R	Cream of Potatoe Soup	Chicken Burgers Mashed Potatoes	Bread Liver Bacon	Beef Stragnoff Mashed Potatoes	Hamburgers Mashed Potatoes	Mac and Cheese Casserole	Chicken Tetrzzini Mashed Potatoes
	Egg Sandwich Potatoe Salad	Beans Tossed Salad	Fried Onions Roast Turkey Mashed Potatoes California vegetables	Green Beans	Beans in tomato sauce	Green and Yellow Beans Cottage Cheese	California Mixed Vegetables
	Fudge Cake	Banana Jelly Roll	Oranges	Cherry Tart	Strawbery Shortcake	Sugar Cookie	Marble Cake